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Easy Top Down Sock Pattern

This pattern is presented as a standard knitting pattern. If you are new to reading patterns, try working from the "English" version.

Tips

- ◆ Place a stitch marker on every 4th stitch starting with the first stitch (1, 5, 9, 13, 17, 21). This will help you keep track of where you are in the stitch pattern and will also help you split the stitches for working the heel and toe. If possible, use the same color stitch markers for the first three and a different color for the last three. This will help you differentiate between heel and toe.
- ◆ Use a row counter. There are many different kinds of row counters available, all of which are inexpensive. The cheapest is using pencil and paper.
- ◆ Any [stitch pattern](#) that has the following number of stitch repeats can be used as the main stitch pattern: 2, 3, 4, 6, 8, and 12. If your stitch pattern has more than one row, make sure you divide the number of total rows where the stitch pattern is to be placed (cuff, leg & ankle and instep of foot) by the number of rows in the stitch pattern to determine placement. Use a single stitch pattern for the heel, turn heel, sole of foot, toe and turn toe. If you change the stitch pattern, remember to adjust for the [gauge difference](#).
- ◆ If you aren't keeping a Knitting Journal, start! It will help you keep track of where you are in patterns, issues you have dealt with and how, gauges for yarn/loom combinations, yarn substitution information and anything else you think will help you on your knitting journey.
- ◆ All links bring you to an explanation on [Loom Knitting Help](http://www.loomknittinghelp.com/).

Pattern Information

Shoe Size: Woman (6, 6.5, 7, 7.5) 8 (8.5, 9, 9.5, 10); differences are in the leg, foot & yardage only

Style: Cuff to Toe

Length: Standard

[Gauge](#): 3.50 stitches, 6.00 rows per inch using the [Single Rib st](#)

Loom: Knifty Knitter Blue Round Loom

Yarn: Lion Brand Wool-Ease Chunky

Estimated Yardage: (149, 152, 156, 158) 159 yards (161, 161, 164, 165)

Stitch Pattern: [Single Rib st](#) using the [knit stitch](#). If you want to use the [knit tbl \(e-wrap\) stitch](#), you will need to adjust for the [gauge difference](#).

Abbreviations Used

BOR	Beginning of Row	R	Row	st, sts	Stitch, Stitches	tog	Together
K	Knit	rnds	Rounds	St st	Stockinette Stitch		
P	Purl	Sl	Slip	tbl	Through the Back Loop		



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Cast-on

Cast on 24 sts loosely.

Cuff

Work cuff in [Single Rib st](#) for 10 rnds. [1.50"] End at BOR.

Leg

Work in leg [Single Rib st](#) for (36, 36, 40, 40) 40 rnds (40, 40, 40, 40). End at BOR.

Ankle Section

Work 4 rnds even in [Single Rib st](#) pattern. End at BOR.

Heel

Work [short rows](#) in [St st](#). Pegs are noted to help you keep track.

R1: [K12](#), turn. (Pegs 1-12)

R2: [Sl](#) 1, [K11](#), turn. (Pegs 12-1)

R3: [Sl](#) 1, [K10](#), turn. (Pegs 1-11)

R4: [Sl](#) 1, [K9](#), turn. (Pegs 11-2)

R5: [Sl](#) 1, [K8](#), turn. (Pegs 2-10)

R6: [Sl](#) 1, [K7](#), turn. (Pegs 10-3)

Turn Heel

Continue working in [St st](#) and use the [Catch method](#) to [avoid holes](#). Pegs are noted to help you keep track.

R1: [Sl](#) 1, [K5](#), [Catch](#), turn. (Pegs 3-9, [Catch](#) at peg 9 tog with peg 10)

R2: [Sl](#) 1, [K4](#), [Catch](#), turn. (Pegs 9-4, [Catch](#) at peg 4 tog with peg 3)

R3: [Sl](#) 1, [K5](#), [Catch](#), turn. (Pegs 4-9, [Catch](#) at peg 9 tog with peg 10)

R4: [Sl](#) 1, [K6](#), [Catch](#), turn. (Pegs 9-2, [Catch](#) at peg 2 tog with peg 1)

R5: [Sl](#) 1, [K7](#), [Catch](#), turn. (Pegs 2-10, [Catch](#) at peg 10 tog with peg 11)

R6: [Sl](#) 1, [K8](#), [Catch](#), turn. (Pegs 10-1, [Catch](#) at peg 1 tog with peg 24)

R7: [Sl](#) 1, [K9](#), [Catch](#) with last st (instead of next), turn. (Pegs 1-10, [Catch](#) at peg 10 tog with peg 9)

R8: [Sl](#) 1, [K10](#), [Catch](#) with last st (instead of next), turn. (Pegs 10-24, [Catch](#) at peg 24 tog with peg 1)

Gusset

Work in [St st](#) to last heel st. Work [Catch](#) at last heel st (peg 12) tog with base of instep (peg 13). Work across instep sts in [Single Rib st](#) to last st. Work [Catch](#) as [P](#) at last instep st (peg 24) tog with base of first heel st (peg 1). [24 sts total] BOR.

Foot

Continue working in rnds in the following pattern (Sts 1-12 [St st](#); Sts 13-24 [Single Rib st](#)) until foot measures (7.7", 7.9", 8.1", 8.3") 8.5" (8.7", 8.9", 9.1", 9.3") from base of heel. Complete the sts on bottom of foot. Stop.



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Toe

The toe is shaped in a similar way as the heel: [short rows](#) in [St st](#) except over the last 12 sts. Pegs are noted to help you keep track.

Sole will remain at rest. Work instep sts only. [12 sts: pegs 13-24]

R1: [K](#)12 sts, turn. (Pegs 13-24)

R2: [Sl](#) 1, [K](#)11 sts, turn. (Pegs 24-13)

R3: [Sl](#) 1, [K](#)10 sts, turn. (Pegs 13-23)

R4: [Sl](#) 1, [K](#)9 sts, turn. (Pegs 23-14)

R5: [Sl](#) 1, [K](#)8 sts, turn. (Pegs 14-22)

R6: [Sl](#) 1, [K](#)7 sts, turn. (Pegs 22-15)

Turn Toe

R1: [Sl](#) 1, [K](#)5 sts, [Catch](#), turn. (Pegs 15-21, [Catch](#) at peg 22 with peg 21)

R2: [Sl](#) 1, [K](#)4 sts, [Catch](#), turn. (Pegs 21-16, [Catch](#) at peg 15 with peg 16)

R3: [Sl](#) 1, [K](#)5 sts, [Catch](#), turn. (Pegs 16-22, [Catch](#) at peg 23 with peg 22)

R4: [Sl](#) 1, [K](#)6 sts, [Catch](#), turn. (Pegs 22-15, [Catch](#) at peg 14 with peg 15)

R5: [Sl](#) 1, [K](#)7 sts, [Catch](#), turn. (Pegs 15-22, [Catch](#) at peg 23 with peg 22)

R6: [Sl](#) 1, [K](#)8 sts, [Catch](#), turn. (Pegs 22-13, [Catch](#) at peg 13 with peg 12)

R7: [Sl](#) 1, [K](#)9, [Catch](#) with last st (instead of next), turn. (Pegs 13-22, [Catch](#) at peg 22 with peg 21)

R8: [Sl](#) 1, [K](#)10, [Catch](#) with last st (instead of next), turn. (Pegs 23-13, [Catch](#) at peg 13 with peg 14)

Finishing

Bind off using the [Graft bind-off](#), Kitchener method. Weave in ends.

Work second sock.