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## Top Down Sock Pattern

### Standard & Ankle Length – Tie (Wrap) Method – Twisted Stockinette Stitch

#### Décor Accents, Inc. Sock Loom EFG 5"

This pattern is written for a standard length sock with changes for ankle length in parentheses. When only one number is given, it applies to both lengths. If you are not familiar with reading knitting patterns or charts, please see [Reading Pattern & Charts](#).

#### Tips

- ◆ Place a stitch marker on every 4<sup>th</sup> stitch starting with the first stitch (1, 5, 9, 13, etc.). This will help you keep track of where you are in the stitch pattern and will also help you split the stitches for working the heel and toe. If possible, use the same color stitch markers for the first half of the loom and a different color for the last half. This will help you differentiate between heel and toe.
- ◆ Use a row counter. There are many different kinds of row counters available, all of which are inexpensive. The cheapest is using pencil and paper.
- ◆ Any [stitch pattern](#) that has the following number of stitch repeats can be used as the main stitch pattern: 2, 3, 4, 6, 9, and 12, 18. If your stitch pattern has more than one row, make sure you divide the number of total rows where the stitch pattern is to be placed (cuff, leg & ankle and instep of foot) by the number of rows in the stitch pattern to determine placement. Use a single stitch stitch pattern such as [St st](#) for the heel, turn heel, sole of foot, toe and turn toe. If you use a difference stitch pattern than specified in the pattern information below, remember to adjust for the [gauge difference](#). For more information on stitch patterns, see [Notes](#).
- ◆ If you aren't keeping a Knitting Journal, start! It will help you keep track of where you are in patterns, issues you have dealt with and how, gauges for yarn/loom combinations, yarn substitution information and anything else you think will help you on your knitting journey.
- ◆ All links bring you to an explanation on [Loom Knitting Help](#).

#### Pattern Information

Style: Top Down (Cuff to Toe)

Length: (Ankle) Standard

Gauge: 7 stitches, 10 rows per inch using Twisted [St st](#)

Loom: [Décor Accents, Inc.](#) EFG Sock Loom 5"

Yarn: Sock weight yarn

Estimated Yardage: (159) 188 yards

Stitch Pattern: Twisted [St st](#) (using the [knit tbl \(e-wrap\) stitch](#))

[Short Row](#) Method to [avoid holes](#): [Tie \(Wrap\) method](#)



EASY

#### Abbreviations Used

BOR	Beginning of Row	rnds	Rounds	St st	Stockinette Stitch
K	Knit	Sl	Slip	tbl	Through the Back Loop
P	Purl	SSK	Slip Slip Knit	tog	Together
R	Row	st, sts	Stitch, Stiches	YO	Yarn Over



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### **Cast-on**

Cast on 36 sts loosely.

### **Cuff**

Work cuff in Twisted [St st](#) for 10 rnds. [1"] End at BOR.

### **Leg**

Work in leg Twisted [St st](#) for (16) 46 rnds. [(2.5") 5.5" from cast-on edge] End at BOR.

### **Ankle Section**

Work 8 rnds even in Twisted [St st](#) pattern. End at BOR.

### **Heel**

Continue working in Twisted [St st](#) and use the [Tie \(Wrap\) method](#), method 2 to [avoid holes](#) by tying (wrapping) the peg next to the last stitch knit. There is a [chart](#) in [Notes](#) to follow and pegs are noted below to help you keep track.

- R1: [K tbl](#) 16, [Tie](#) next st, turn. (Pegs 1-16, [Tie](#) peg 17)
- R2: [K tbl](#) 14, [Tie](#) next st, turn. (Pegs 16-3, [Tie](#) peg 2)
- R3: [K tbl](#) 13, [Tie](#) next st, turn. (Pegs 3-15, [Tie](#) peg 16)
- R4: [K tbl](#) 12, [Tie](#) next st, turn. (Pegs 15-4, [Tie](#) peg 3)
- R5: [K tbl](#) 11, [Tie](#) next st, turn. (Pegs 4-14, [Tie](#) peg 15)
- R6: [K tbl](#) 10, [Tie](#) next st, turn. (Pegs 14-5, [Tie](#) peg 4)
- R7: [K tbl](#) 9, [Tie](#) next st, turn. (Pegs 5-13, [Tie](#) peg 14)
- R8: [K tbl](#) 8, [Tie](#) next st, turn. (Pegs 13-6, [Tie](#) peg 5)
- R9: [K tbl](#) 7, [Tie](#) next st, turn. (Pegs 6-12, [Tie](#) peg 13)
- R10: [K tbl](#) 6, [Tie](#) next st, turn. (Pegs 12-7, [Tie](#) peg 6)

### **Turn Heel**

Continue working in Twisted [St st](#) and pick up the [Ties](#) worked in the heel by working a [K2tog](#) or [K2tog tbl](#). There is a [chart](#) in [Notes](#) to follow and pegs are noted below to help you keep track.

- R1: [K tbl](#) 6, [K2tog tbl](#) with [Tie](#), turn. (Pegs 7-13)
- R2: [Sl](#) 1, [K tbl](#) 6, [K2tog](#) with [Tie](#), turn. (Pegs 13-6)
- R3: [Sl](#) 1, [K tbl](#) 7, [K2tog tbl](#) with [Tie](#), turn. (Pegs 6-14)
- R4: [Sl](#) 1, [K tbl](#) 8, [K2tog](#) with [Tie](#), turn. (Pegs 14-5)
- R5: [Sl](#) 1, [K tbl](#) 9, [K2tog tbl](#) with [Tie](#), turn. (Pegs 5-15)
- R6: [Sl](#) 1, [K tbl](#) 10, [K2tog](#) with [Tie](#), turn. (Pegs 15-4)
- R7: [Sl](#) 1, [K tbl](#) 11, [K2tog tbl](#) with [Tie](#), turn. (Pegs 4-16)
- R8: [Sl](#) 1, [K tbl](#) 12, [K2tog](#) with [Tie](#), turn. (Pegs 16-3)
- R9: [Sl](#) 1, [K tbl](#) 13, [K2tog tbl](#) with [Tie](#), turn. (Pegs 3-17)
- R10: [Sl](#) 1, [K tbl](#) 14, [K2tog](#) with [Tie](#), turn. (Pegs 17-32)

### **Gusset**

Work a [Slip](#) (peg 2) and then in Twisted [St st](#) through the last instep st (peg 36). [35 sts total] BOR.

### **Foot**

Continue working in rnds in Twisted [St st](#) until the foot measures 8" from base of heel. Complete the sts on bottom of the foot. Stop.



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### **Toe**

The toe and turn toe are shaped the same way as the heel and turn heel: [short rows](#) in Twisted [St st](#) except it is worked over the last 18 sts instead of the first. There is a [chart](#) in [Notes](#) to follow and pegs are noted below to help you keep track.

*The sole remains at rest. Work the instep sts only. [18 sts: pegs 19-36]*

- R1: [K tbl](#) 16, [Tie](#) next st, turn. (Pegs 19-34, [Tie](#) peg 35)
- R2: [K tbl](#) 14, [Tie](#) next st, turn. (Pegs 34-21, [Tie](#) peg 20)
- R3: [K tbl](#) 13, [Tie](#) next st, turn. (Pegs 21-33, [Tie](#) peg 34)
- R4: [K tbl](#) 12, [Tie](#) next st, turn. (Pegs 33-22, [Tie](#) peg 21)
- R5: [K tbl](#) 11, [Tie](#) next st, turn. (Pegs 22-32, [Tie](#) peg 33)
- R6: [K tbl](#) 10, [Tie](#) next st, turn. (Pegs 32-23, [Tie](#) peg 22)
- R7: [K tbl](#) 9, [Tie](#) next st, turn. (Pegs 23-31, [Tie](#) peg 32)
- R8: [K tbl](#) 8, [Tie](#) next st, turn. (Pegs 31-24, [Tie](#) peg 23)
- R9: [K tbl](#) 7, [Tie](#) next st, turn. (Pegs 24-30, [Tie](#) peg 31)
- R10: [K tbl](#) 6, [Tie](#) next st, turn. (Pegs 30-25, [Tie](#) peg 24)

### **Turn Toe**

There is a [chart](#) in [Notes](#) to follow and pegs are noted below to help you keep track.

- R1: [K tbl](#) 6, [K2tog tbl](#) with [Tie](#), turn. (Pegs 25-31)
- R2: [Sl](#) 1, [K tbl](#) 6, [K2tog](#) with [Tie](#), turn. (Pegs 31-24)
- R3: [Sl](#) 1, [K tbl](#) 7, [K2tog tbl](#) with [Tie](#), turn. (Pegs 24-32)
- R4: [Sl](#) 1, [K tbl](#) 8, [K2tog](#) with [Tie](#), turn. (Pegs 32-23)
- R5: [Sl](#) 1, [K tbl](#) 9, [K2tog tbl](#) with [Tie](#), turn. (Pegs 23-33)
- R6: [Sl](#) 1, [K tbl](#) 10, [K2tog](#) with [Tie](#), turn. (Pegs 33-22)
- R7: [Sl](#) 1, [K tbl](#) 11, [K2tog tbl](#) with [Tie](#), turn. (Pegs 22-34)
- R8: [Sl](#) 1, [K tbl](#) 12, [K2tog](#) with [Tie](#), turn. (Pegs 34-21)
- R9: [Sl](#) 1, [K tbl](#) 13, [K2tog tbl](#) with [Tie](#), turn. (Pegs 21-35)
- R10: [Sl](#) 1, [K tbl](#) 14, [K2tog](#) with [Tie](#), turn. (Pegs 35-20)

### **Finishing**

Bind off using the [Graft bind-off](#), Kitchener method. Weave in ends.

### **Work second sock.**



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### Notes

#### *Other Stitch Patterns*

The following are tips for working stitch patterns in rnds in each section. If you change the stitch pattern, be sure to check the gauge and change the pattern accordingly.

- ◆ *Cuff, Leg, Ankle:* The entire rnd can be worked in a different stitch pattern, e.g., [Single Rib st](#), [Double Rib st](#), [Moss st](#), [Purl Ridges st](#), and [Seed st](#). If you choose a stitch pattern that is made up of more than one row, remember to determine placement. It's not unusual to choose [Single Rib st](#) or [Double Rib st](#) for the cuff and a more elaborate stitch pattern for the leg and ankle.
- ◆ *Heel & Turn Heel:* Comfort is of greatest importance here so work in a single stitch stitch pattern such as Twisted [St st](#).
- ◆ *Gusset:* Comfort is of greatest importance for the sole so work sole in single stitch stitch pattern such as Twisted [St st](#) to the last heel st. The instep can be worked in the desired stitch pattern. If this pattern has more than one row, pick up where the ankle left off. [36 sts total] BOR.
- ◆ *Foot:* As with gusset, comfort is of greatest importance in the sole so continue working in rnds in the following pattern (Sts 1-18 single stitch stitch pattern such as Twisted [St st](#); Sts 19-36 desired stitch pattern such as those noted above) until the foot measures 8.125" from base of heel. Complete the sts on bottom of foot. Stop.
- ◆ *Toe & Turn Toe:* Work in the same manner as Heel & Turn Heel.

#### *Chart*

For information on how to read charts, see [Reading Charts & Patterns](#). The chart on the following page is for the heel, turn heel, toe and turn toe as well as the gusset. Regardless of what stitch pattern you choose to use for this pattern, the heel, turn heel, toe and turn toe will stay this same for this loom if an [Tie](#) is worked to avoid holes. These sections will be different if a Catch or Over is chosen instead. Please see appropriate patterns for those methods. As noted above in the *Gusset* bullet point, the sole stitches will remain the same but the instep may change.

#### *Other Patterns*

Please see DA EFG 5 for more patterns for this loom. Patterns for other looms are available at Free Sock Patterns.

#### *Feedback & Requests*

Are welcome! Please contact [Loom Knitting Help](#).



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### Chart

The chart to below is for the heel, turn heel, toe, and turn toe as well as the gusset. For information on how to read charts, see [Reading Charts & Patterns](#).

		P E G N U M B E R																					
		19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1	36		
		1	36	35	34	33	32	31	30	29	28	27	26	25	24	23	22	21	20	19	18		
R O W	1	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	SI	Kb	Kb	1	R O W	
	10			SI	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	K2			10		
	9			K2b	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	SI			9		
	8				SI	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	K2			8		
	7					K2b	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	SI			7		
	6							SI	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	K2			6		
	5								K2b	Kb	Kb	Kb	Kb	Kb	Kb	Kb	Kb	SI			5		
	4									SI	Kb	Kb	Kb	Kb	Kb	Kb	Kb	K2			4		
	3										K2b	Kb	Kb	Kb	Kb	Kb	Kb	SI			3		
	2											SI	Kb	Kb	Kb	Kb	Kb	K2			2		
1												K2b	Kb	Kb	Kb	Kb	Kb	K2			1		
N U M B E R	10																				10	N U M B E R	
	9																				9		
	8																				8		
	7																				7		
	6																				6		
	5																				5		
	4																				4		
	3																				3		
	2																				2		
	1																				1		
		1	36	35	34	33	32	31	30	29	28	27	26	25	24	23	22	21	20	19	18		
		P E G N U M B E R																					

**Key**

#	Heel & Turn Heel Peg Number*
#	Toe & Turn Toe Peg Number*
#	Row Number
T	Tie Method coloring peg to tie
Kb	Knit tbl stitch
K2	K2tog & K2tog tbl stitches
SI	Slip with yarn in back stitch

\* Gusset Sole = Pegs 1-18, the same as Heel & Turn Heel  
 Gusset Instep = Pegs 19-36, the same as Toe & Turn Toe

The top row of the Chart is the Gusset; a white line separates the Heel/Toe from the Turn Heel/Turn Toe.